

Simple Salad

Ingredients

- 4-5 crisp lettuce leaves
- 2-3 spring onions
- 1 carrot
- 3-4 cherry tomatoes
- 2-3 tablespoons lemon juice
- ½ cucumber
- 2-3 tablespoons olive oil

Preparation method

Method

1. Gently wash and pat the lettuce leaves.
2. Halve the cherry tomatoes, removing the stalk.
3. Slice the end of the spring onion and trim into wedges.
4. Halve the cucumber lengthways, then slice into batons and dice.
5. Peel the carrot and halve lengthways, then slice into batons and dice.
6. Juice the lemon and measure 2-3 tablespoons with the same amount of the olive oil and mix with a fork just before serving.
7. Season with a little black pepper and serve with tasty tomato tartlets.

