

Intent What am I learning to do?	Implementation
<p><u>Managing Self</u></p> <ul style="list-style-type: none"> • Try new things with support. • Persevere with support. • Follow the rules with support. • Behave appropriately within boundaries. • Put on and take off some items of clothing. • Recognise when I need to go to the toilet. • Wash and dry my hands. • To recognise what is healthy and unhealthy. <ul style="list-style-type: none"> • Do things without help. • Tackle a challenge. • Persist, take risks, be resilient. • Try different ways to do things. • Talk about the reasons for rules. • Talk about what is right and wrong. • Follow the rules independently. • Manage my personal hygiene needs. • Dress and undress independently. • Talk about why making healthy food choices is important. <p><u>Early Learning Goals:</u></p> <ul style="list-style-type: none"> • Confident to try new activities and show independence, resilience and perseverance in the face of challenge. • Explain the reasons for rules, know right from wrong and try to behave accordingly. • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. 	<p><u>CP Enabling environments</u></p> <ul style="list-style-type: none"> • Resources in the classroom are open ended and organised in a layout to support the children in becoming independent learners where there is always the opportunity to try something new. • During the Autumn term children learn the daily school routine along with behavioural expectations and class routines including boundaries and fairness. • Smiley face charts are used as a reward system. • Circle time discussions, stories, 1 decision program (right and wrong). • Children are encouraged to put on their own coats, painting aprons and undress/dress independently during PE sessions and manage their forest school clothing. • Toilets are inside the classrooms. Handwashing modelled and taught when children start school along with hygiene in toilets. Handwashing posters, songs. • During snack times healthy eating/drinking water is promoted. • Children are taught how to use cutlery at meal times and are encouraged to cut their food independently where possible. <p><u>Vocabulary</u> Persevere, challenge, healthy, unhealthy, food choice, independence.</p> <p><u>Impact</u> <u>By the end of Foundation stage I can....</u></p> <ul style="list-style-type: none"> • Dress and undress. • Persevere. • Manage risk and keep myself safe. • Manage my own personal hygiene. • Follow rules and manage my emotions. • Make some healthy food choices. • Follow instructions.