

Intent What am I learning to do?	Implementation
<p><b>Gross Motor Skills</b></p> <ul style="list-style-type: none"> <li>• Move in different ways.</li> <li>• Move around a space safely.</li> <li>• Develop my core strength to balance.</li> <li>• Balance on one foot.</li> <li>• Build my upper body strength.</li> <li>• Cross the midline.</li> <li>• Draw large lines and circles using my whole arm.</li> <li>• Use both sides of my body to do the same thing at the same time.</li> <li>• Use both sides of my body to do the same thing alternatively.</li> <li>• Throw and catch a variety of objects of different weights and sizes.</li> <li>• Kick a ball.</li> <li>• Ride bikes and scooters.</li> </ul> <ul style="list-style-type: none"> <li>• Move in different ways in a coordinated way.</li> <li>• Use my spatial awareness to avoid obstacles.</li> <li>• Travel around, under, over and through equipment.</li> <li>• Jumps off an object and lands appropriately.</li> <li>• Co-ordinate both sides of my body to do different things.</li> <li>• Develop my hand eye coordination.</li> <li>• Throw, catch and kick with accuracy.</li> <li>• Build my strength and stamina.</li> </ul> <p><b><u>Early Learning Goal:</u></b></p> <ul style="list-style-type: none"> <li>• Negotiate space and obstacles safely with consideration for themselves and others.</li> <li>• Demonstrate strength, balance and co-ordination when playing.</li> <li>• Move energetically such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>	<p><b><u>CP Enabling environments</u></b></p> <ul style="list-style-type: none"> <li>• Weekly hall time sessions where focus lessons are taught on developing key skills. Floor work and use of gymnastic apparatus: benches, balance beam, ladders, tables of varying heights, wall bars.</li> <li>• Action songs based on brain gym crossing the midline. Morning wake and shake sessions. Group movement games.</li> <li>• Write dance sessions, scarves, streamers, chalk boards, large rolls of paper taped to the floor to use with crayons, paints.</li> <li>• Forest school sessions.</li> </ul> <p><b>Far away Kingdom:</b> space to move around freely, bikes, scooters, fit stop, stepping stones, balance beams, crates and tyres, brooms, dustpans and brushes, tubing to lift, carry and position, sand pit, water world, wheelbarrows, bricks, blocks, chalks, balls (varying sizes), beanbags, cones, cups and balls, target practise games, hoops, bats and balls.</p> <p><b><u>Vocabulary</u></b>  run, space, skip, path, follow, copy, jump, throw, gallop, tiptoe, crawl, lead, rule, rock, roll, curl, stretch, listen, go, safe, forwards, backwards, travel, direction, stop, shape, hop, freeze, balance, sideways, zigzag, roll, partner, catch, bounce, push, stop, roll, throw, team, kick, dribbles, catch</p> <p><b><u>Impact</u></b>  <b><u>By the end of Foundation Stage I can ....</u></b></p> <ul style="list-style-type: none"> <li>• Throw, catch and kick a ball.</li> <li>• Balance using my core stability.</li> <li>• Demonstrate strength and stamina.</li> <li>• Negotiate space and obstacles safely.</li> <li>• Move in a variety of ways.</li> </ul>